

## SCHEDULE 5

### ORGANIZATION OF COMPETITIVE GROUPINGS, SEASONS AND PRACTICE RESTRICTIONS

#### 1. Leagues

- 1.1 For the purposes of scheduling regular season and playoff games for team sports, there shall be two (2) conferences to be known as TVRA Central and TVRA Southeast. Teams within a particular league will play against other teams in that league for purposes of regular season, playoff and championship games.
- 1.2 For the purposes of scheduling, TVRA Team Sports where you compete as an Individual Championship events, there will be two conferences known as TVRA Central and TVRA Tri-County.
- 1.3 In the event that, for whatever reason, a sufficient number of individual athletes in a particular individual sport and at a particular level within the TVRA Conferences, withdraw or do not complete a season in respect of a particular individual sport and at a particular level, with the result that there is no competitors for that **Conference** in that particular individual sport and at that particular level, but there are competitors for the other **Conference** in that individual sport and at that level, the **Conference** which produces competitors will be entitled to compete in a TVRA championships and the winners thereof and will be entitled to advance to WOSSAA as the representative of TVRA in respect of that individual sport at that level.

#### 2. Seasons

- 2.1 Contests shall be organized into three (3) “**Sports Seasons**”, to be known as: the “**Fall Season**” (beginning one (1) week before Labour Day); the “**Winter Season**” (beginning November 1); and, the “**Spring Season**” (beginning March 1), during each school year. The following chart sets forth which sports which will be played in the respective Sports Seasons and which sports are designated as **Team Sports** and **Team Sports In Which You Compete As An Individual**:

# TVRA Participation Agreement

Updated **June 2023**

Fall Season	Fall Season	Winter Season	Winter Season	Spring Season	Spring Season
<i>Team Sports</i>	*	<i>Team Sports</i>	*	<i>Team Sports</i>	*
Girls Basketball Boys Volleyball Football Field Hockey	Golf  Cross Country Running	Girls Volleyball Boys Basketball Boys Hockey Girls Hockey Boys Curling Girls Curling	Swimming  Wrestling	Baseball Boys Soccer Girls Soccer Boys Rugby Girls Rugby Girls Slo-Pitch  Ultimate Frisbee	Track & Field  Badminton (can begin Feb 15)  Tennis

*\* Team Sport In Which You Compete As An Individual*

2.2 Any restrictions on a student athlete being permitted to play in more than one sport in a given Sport Season shall be within the purview of the Participating Board responsible for that student athlete and shall be a matter administered as between that Participating Board and its schools. Notwithstanding the foregoing, the Participating Boards shall be mindful of the following restrictions which are expected to be adopted by each Participating Board:

## Fall Season:

Student athletes will be permitted to participate in only one (1) **TEAM** Fall Season sport, and/or one (1) **Team Sport In Which You Compete As An Individual**, provided that, student athletes participating in these sports are permitted to also participate in Golf;

## Winter Season:

Student athletes will be permitted to participate in only one (1) **TEAM** Winter Season sport and/or one (1) **Team Sport In Which You Compete As An Individual**;

## Spring Season:

Student athletes will be permitted to participate in only one (1) **TEAM** Spring Season sport, and/or one (1) **Team Sport In Which You Compete As An Individual** provided that, student athletes participating in these sports are permitted to also participate in Badminton and/or Tennis.