



Thames Valley Regional Athletics

Guidelines for Athletics

The health and safety of all individuals is of utmost importance. Organized, well-structured youth sports & on-going physical activities provide many mental, physical & social benefits for children and adolescents. We are working hard to ensure that we keep our schools open for learning. We have put in place many Health and Safety Protocols that will support our learning environment in order to mitigate risk. A return to secondary athletics will focus on skill development and team building in order to promote positive student mental health as well as proper student conditioning prior to the resumption of competition.

It remains the guidance provided by the Middlesex London and Southwestern Public Health Units, that all students participating in any co-curricular activities shall be fully vaccinated if they are eligible.

We strongly encourage those wanting to participate in extracurricular activities, to begin or complete the process for vaccination in advance of the start of a season to allow for full participation. In order to participate in extracurricular activities (including athletics) students must receive their second dose on or before November 1, 2021.

TVDSB & LDCSB Requirements

Fully Vaccinated	Eligible to participate. Please show proof of second dose verification to your coach/teacher advisor/administration.
Vaccination in Process (Partially Vaccinated)	Must have one dose of vaccine and wait 14 days prior to practicing. Students must complete their daily attestation. Once practicing, students must take a rapid test (at their expense) twice a week (Sunday's and Wednesdays) and show visual verification to coach/teacher advisor/administration prior to Monday and Thursday of that week.
Unvaccinated	Ineligible for all extra-curriculars at this time
Medically Ineligible for Vaccination	Medically ineligible students shall provide a medical note to the school's administration who will then forward that document for consideration by senior administration.

Extra-curriculars are voluntary in nature and an extension of the school day. Similar to going to a restaurant would be voluntary, so are extra-curricular activities.

Important reminders:

- Masking protocols will be following for all athletics adhering to the school board health & safety protocols, OPHEA Safety Guidelines and the Sport Governing Body of each respective sport. Masks are encouraged for indoor sports where they can be worn safely based on the activity including while sitting on a bench awaiting participation.
- There will be no spectators for indoor and outdoor athletics at this time