**SCHEDULE 5**

**ORGANIZATION OF COMPETITIVE GROUPINGS, SEASONS AND PRACTICE RESTRICTIONS**

1. **Leagues**
2. For the purposes of scheduling regular season and playoff games for team sports, there shall be three (3) conferencesto be known as London District, TVDSB Central and TVDSB Southeast. The London District league shall consist of teams from LDCSB, LCH, Gabriel Dumont, Monsigneur Bruyère and Notre Dame. The TVDSB Central and TVDSB Southeast leagues will consist of teams from TVDSB schools. Teams within a particular league will play against other teams in that league for purposes of regular season, playoff and championship games.
3. For the purposes of scheduling, TVRA Individual Championship events, there will be two conferences known as TVRA Central and TVRA Tri-County. Each of these conferences will consist of teams from both LDA and TVDSB and will be determined primarily based on school location. Each conference will hold championship events in order to qualify individuals for WOSSAA and/or OFSAA.
4. In the event that, for whatever reason, a sufficient number of individual athletes in a particular individual sport and at a particular level within the London District Conference, on the one hand, or the TVDSB Conferences, on the other hand, withdraw or do not complete a season in respect of a particular individual sport and at a particular level, with the result that there is no competitors for that league in that particular individual sport and at that particular level, but there are competitors for the other league in that individual sport and at that level, the league which produces competitors will be entitled to compete in a TVRA championships and the winners thereof and will be entitled to advance to WOSSAA as the representative of TVRA in respect of that individual sport at that level.
5. **Seasons**
6. Contests shall be organized into three (3) “**Sports Seasons**”, to be known as: the “**Fall Season**” (beginning one (1) week before Labour Day); the “**Winter** **Season**” (beginning November 1); and, the “**Spring** **Season**” (beginning March 1), during each school year. The following chart sets forth which sports which will be played in the respective Sports Seasons:

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| **Fall Season** | **Winter Season** | **Spring Season** |
| Girls Basketball  Boys Volleyball  Boys Football  Girls Field Hockey  Boys Golf  Girls Golf  Boys & Girls Cross Country Running | Girls Volleyball  Boys Basketball  Boys Hockey  Girls Hockey  Boys & Girls Wrestling  Boys & Girls Swimming  Boys & Girls Curling | Boys Baseball  Boys Soccer  Girls Soccer  Boys Rugby  Girls Rugby  Boys & Girls Track & Field  Boys & Girls Badminton (can begin Feb 15)  Boys & Girls Tennis |

1. Any restrictions on a student athlete being permitted to play in more than one sport in a given Sport Season shall be within the purview of the Participating Board responsible for that student athlete and shall be a matter administered as between that Participating Board and its schools. Notwithstanding the foregoing, the Participating Boards shall be mindful of the following restrictions which are expected to be adopted by each Participating Board:
   1. Fall Season:

Student athletes will be permitted to participate in only one (1) Fall Season sport, provided that, student athletes participating in Golf will be permitted to participate in one (1) additional Fall Season sport;

* 1. Winter Season:

Student athletes will be permitted to participate in only one (1) Winter Season sport; and

* 1. Spring Season:

Student athletes will be permitted to participate in only one (1) Spring Season sport, provided that, student athletes participating in Badminton or Tennis shall be allowed to participate in one (1) additional Spring Season sport.

1. **Practice**
2. Restrictions with respect to the commencement of student athlete practices for any particular sport shall be within the discretion and purview of the respective Participating Board. However, in establishing their respective guidelines for practices, Participating Boards shall be mindful of the principles and objectives set forth in Schedule 3 to this Agreement and the sports season schedule set forth in Schedule 5 to this agreement.