



Thames Valley Regional Athletics

APPENDIX B – MEET SCHEDULE **TVRA Track and Field Schedule**

Day One

Blocks of Events may run up to 30 minutes ahead of schedule.

The track will close at 8:45 am. At this time, no coaches, athletes, or spectators will be allowed in the competition area. All athletes will marshal in the marshalling area and will be directed to their event.

Warm-ups may only take place in the designated areas. One coach from each school is permitted at the pole vault area only. All other coaches must remain in the stands. There will be absolutely no coaches or spectators allowed anywhere in the competition area at any time during the competition.

Track Events

- 9:00 am** Open Boys Steeplechase (2 heats)
- 9:20 am** Midget Girls 80m Hurdles Heats
Junior Girls 80m Hurdles Heats
Senior Girls 100m Hurdles Heats
Midget Boys 100m Hurdles Heats
Junior Boys 100m Hurdles Heats
Senior Boys 110m Hurdles Heats
- 10:00 am** Midget Girls 100m Heats
Junior Girls 100m Heats
Senior Girls 100m Heats
Midget Boys 100m Heats
Junior Boys 100m Heats
Senior Boys 100m Heats
- 11:30 am** Open Girls Steeplechase (1 or 2 heats)
- 11:50 am** Midget Girls 400m Timed Finals
Junior Girls 400m Timed Finals
Senior Girls 400m Timed Finals
Midget Boys 400m Timed Finals
Junior Boys 400m Timed Finals
Senior Boys 400m Timed Finals
Wheelchair Girls 400m
Wheelchair Boys 400m
- 1:10 pm** **Track Lunch Break**

Field Events

- 9:00 am** Midget Girls Long Jump
Midget Boys Shot Put
Senior Boys Triple Jump
Junior Boys Discus
Senior Girls High Jump
Senior Boys Javelin
Midget and Junior Boys pole vault
- 11:00 am** Midget Girls Shot Put
Midget Boys Long Jump
Junior Girls Discus
Junior Boys Triple Jump
Senior Girls Javelin
Senior Boys High Jump
Midget, Junior, and Senior Girls pole vault



Thames Valley Regional Athletics

TVRA Track and Field Schedule (con't)

Day One

Track Events

1:40 pm Senior Boys 110m Hurdle Finals
Junior Boys 100m Hurdle Finals
Midget Boys 100m Hurdle Finals
Senior Girls 100m Hurdle Finals
Junior Girls 80m Hurdle Finals
Midget Girls 80m Hurdle Finals

2:00 pm 100m Semi-Finals (where necessary – if over 24 entries)
Same order as the heats

2:30 pm Midget Boys 1500m Timed Finals
Junior Boys 1500m Timed Finals
Senior Boys 1500m Timed Finals

3:20 pm Midget Girls 100m Finals
Junior Girls 100m Finals
Senior Girls 100m Finals
Midget Boys 100m Finals
Junior Boys 100m Finals
Senior Boys 100m Finals
Girls Visually Impaired, Intellectual Disability & Ambulatory 100m Timed Finals
Boys Visually Impaired, Intellectual Disability and Ambulatory 100m Timed Finals

3:40 pm Midget Girls 1500m Timed Finals
Junior Girls 1500m Timed Finals
Senior Girls 1500m Timed Finals

4:40 pm Midget Girls 4 x 100m Relay, Timed Finals
Junior Girls 4 x 100m Relay, Timed Finals
Senior Girls 4 x 100m Relay, Timed Finals
Midget Boys 4 x 100m Relay, Timed Finals
Junior Boys 4 x 100m Relay, Timed Finals
Senior Boys 4 x 100m Relay, Timed Finals

Field Events

1:30 pm Midget Girls High Jump
Midget Boys Javelin
Junior Girls Long Jump
Junior Boys Shot Put
Senior Girls Triple Jump
Senior Boys Discus
Senior Boys pole vault



Thames Valley Regional Athletics

TVRA Track and Field Schedule (con't)

Day Two

Blocks of Events may run up to 30 minutes ahead of schedule.

The track will close at 8:45 am. At this time, no coaches, athletes, or spectators will be allowed in the competition area. All athletes will marshal in the marshalling area and will be directed to their event.

Warm-ups may only take place in the designated areas. All coaches must remain in the stands. There will be absolutely no coaches or spectators allowed anywhere in the competition area at any time during the competition.

Track Events

9:00 am Midget Girls 300m Hurdles, Timed Finals
Junior Girls 300m Hurdles, Timed Finals
Senior Girls 400m Hurdles, Timed Finals
Midget Boys 300m Hurdles, Timed Finals
Junior Boys 300m Hurdles, Timed Finals
Senior Boys 400m Hurdles, Timed Finals

10:00 am Midget Girls 200m Heats
Junior Girls 200m Heats
Senior Girls 200m Heats
Midget Boys 200m Heats
Junior Boys 200m Heats
Senior Boys 200m Heats

11:15 am Midget Boys 800m Timed Finals
Junior Boys 800m Timed Finals
Senior Boys 800m Timed Finals
Visually Impaired, Ambulatory Boys 800m
Intellectual Impairment Boys 800m
Midget Girls 800m Timed Finals
Junior Girls 800m Timed Finals
Senior Girls 800m Timed Finals
Visually Impaired, Ambulatory Girls 800m
Intellectual Impairment Girls 800m

12:30 pm 200m Semi-Finals if required (for more than 24 entries)

1:00 pm **Track Lunch Break**

Field Events

9:00 am Midget Girls Javelin
Midget Boys High Jump
Junior Girls Shot Put
Junior Boys Long Jump
Senior Girls Discus
Junior Girls Triple Jump

11:00 am Midget Girls Triple Jump
Midget Boys Discus
Junior Girls High Jump
Junior Boys Javelin
Senior Girls Long Jump
Senior Boys Shot Put



Thames Valley Regional Athletics

TVRA Track and Field Schedule (con't)

Day Two Events

Track Events

- 1:30 pm** Midget Boys 3000m Timed Finals
Junior Boys 3000m Timed Finals
Senior Boys 3000m Timed Finals
- 2:20 pm** Midget Girls 200m Finals
Junior Girls 200m Finals
Senior Girls 200m Finals
Wheelchair Girls 200m Finals
Midget Boys 200m Finals
Junior Boys 200m Finals
Senior Boys 200m Finals
Wheelchair Boys 200m Finals
- 2:35 pm** Senior Girls 3000m Timed Finals
Junior Girls 3000m Timed Finals
Midget Girls 3000m Timed Finals
- 3:40 pm** Open Boys 4x 400m Relay Timed Finals
Open Girls 4 x 400m Relay Timed Finals
- 4:15 pm** **Awards Presentation**

Field Events

- 1:30 pm** Midget Girls Discus
Midget Boys Triple Jump
Junior Girls Javelin
Junior Boys High Jump
Senior Girls Shot Put
Senior Boys Long Jump