



Thames Valley Regional Athletics

TVRA CENTRAL

**CROSS COUNTRY CHAMPIONSHIPS
THURSDAY, OCT 19, 2017**

SPRINGWATER CONSERVATION AREA

SCHEDULE:

1:15	Coaches Meeting
2:15	Midget Boys 4000m
2:20	Para Girls and Boys
2:45	Midget Girls 4000m
3:15	Junior Boys 5000m
3:45	Junior Girls 5000m
4:15	Senior Boys 6000m
4:45	Senior Girls 6000m
5:30	Awards Presentation

*** Racers should be on the line 10 minutes prior to the start of each race. Races will not run ahead of schedule.**