



# Thames Valley Regional Athletics

## **RULES OF PLAY: FIELD HOCKEY**

League play, playoff schedules, and advancement to WOSSAA procedures which reflect these divisions will be communicated to the Athletic Directors and coaches as soon as practical, prior to the start of each season.

### **1.0 Organization of Competition**

- 1.1 For **2016-17**, TVDSB will have one division.
- 1.2 League schedules will be developed by the SAC and coaches of schools offering field hockey programs.
- 1.3 All leagues and divisions will play a maximum of ten (12) league games (50 minutes in length).
- 1.4 Tied games in regular season play shall stand. Points for regular season games shall be awarded as follows:
  - 2 points for a win
  - 1 point for a tie
  - 0 points for a loss

### **2.0 Eligibility**

- 2.1 Refer to the TVRA Agreement Schedule 6.
- 2.2 Any coach or player ejected from a contest shall automatically be suspended until they have served their suspension in TVRA league contests. Coach and player ejections should be reported by the official on the game sheet and reported to the Convenor, who will in turn report to the Coordinator as per Schedule 8 – Coaching Issues of the Secondary Schools Participation in Sports Agreement.

### **3.0 Competition**

- 3.1 Current Field Hockey Canada Rules and Regulations shall be used with the following exceptions:
- 3.2 Regular season games shall consist of 2 periods of 25 minutes.
- 3.3 Teams may dress an unlimited number of players for any one game. Substitutions are unlimited and must be made at the centre line on the same side as the team benches and scoring table.
- 3.4 Any player who receives a red card for a violent offense, including but not limited to, violent physical or verbal contact with the opposing team or umpires, will be ejected from the game (as per the red card) and suspended for an additional two league or play-off games. For a second offense, the player will be suspended for the remainder of the season. All violent offenses will be subject to disciplinary procedures outlined in Schedule 7 of the TVRA Agreement.



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## 3.5 Home Team Duties:

- a) Coaches shall notify the Convenor immediately following a game in which a player is given a red card.
- b) Coaches of home teams shall:
  - ensure that their nets meet FHO standards
  - provide score sheets
  - if possible any soccer goal posts should be padded for player safety.
  - supply a quality game ball
  - send completed game sheets to the Convenor **within 48 hours**
  - enter game scores on the **tvraa.com** website before 8 pm on the day of a contest.

## 4.0 Uniforms and Equipment

- 4.1 As per the Field Hockey Canada Rules and Regulations regarding jerseys, kilts (or shorts) and cleats. Teams shall dress in a (**mostly**) uniform fashion. All players should wear the same colour socks/shirts/skirts as one another.
- 4.2 All players will wear mouth guards. All players (with the exception of the goalkeepers) will wear shin pads.
- 4.3 Goalkeepers must wear CSA approved helmets with face protection. Goalkeepers must wear protective equipment under her sweater. The sweater must be of a different colour of her team and the opposing team.
- 4.4 No player will be allowed to wear jewelry or sunglasses while on the pitch however, approved safety eyeglasses will be allowed.
- 4.5 In cold weather, sweat pants may be worn under the skirt and socks. Every effort should be made to have all team members wear the same colour of sweat pants.
- 4.6 In the event that two teams have similar uniforms and it becomes difficult to differentiate between the two teams, the home team is responsible for wearing markers or pinnies during the regular season. In the event that this should occur during a playoff game, the lower seed shall wear the markers/pinnies. In a championship or bronze medal game, there shall be a coin toss to determine which team must wear the pinnies.

## 5.0 Ties in League Standings

If two or more teams are tied at the end of the regular season, the ties shall be broken as follows, in order:

### 5.1 **If two (2) teams are tied for a position:**

- a) The team with the better head-to-head results between the two (2) teams shall be awarded the higher position
- b) In the event that neither team was the head-to-head winner, the team with the better goal differential **between the tied teams** shall be awarded the higher position. Goal differential shall be calculated by (total goals "for a team" head-to-head) minus (total goals "against the team" head-to-head).



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- c) In the event that teams have the same goal differential in head-to-head matches, the team having the better goal differential on the season shall be placed higher. Goal differential shall be calculated by (total goals “for a team” on the season) minus (total goals “against the team” for the season).
- d) In the event of an equal seasonal goal difference, the team having the higher goal average shall be placed higher. Goal average shall be determined by dividing (the number of “goals for”) by (the number of “goals against”)
- e) In the event of an equal goal average, the team having the higher number of “goals for” shall be placed higher.
- f) In the event of an equal number of “goals for”, the team with the fewest goals allowed shall be given the higher position.

## **5.2 If three (3) or more teams are tied for a position:**

- a) the team with the better head-to-head results among the tied teams only shall be awarded the higher position. If this does not separate one team from the rest, the above tie breaking system will continue to be followed.
- b) When one team is separated out, the other teams will revert to the above (5.1) until all remaining teams have been ranked.

## **6.0 Championship Categories and Playoff Procedures**

- 6.1 The top four teams will move on to post-season play. The first placed team will play the fourth place team and second will play third in the semi-finals.
- 6.2 All playoff games will consist of 2 halves of 35 minutes. After a 5 minute half-time, teams will switch ends.

## **6.2 Championship Tie- Breaking Procedures**

- a) If a tie exists after regulation time in any playoff game: a ten (10) minute sudden victory overtime period shall be played after a five (5) minute rest. Teams will toss for choice of ends prior to the start of the overtime period.
- b) If still tied, each team will select any five (5) players from those listed on the game sheet except a player who has received a red card or a temporary suspension at the end of the game. These players shall take penalty strokes alternately, the first team to shoot being decided by a coin toss. The winner shall be the team scoring the most goals.
- c) If the score is still tied, a “sudden victory” system will be used. Each team will alternately send one player to take a penalty stroke until the tie is broken. The order of stroking will change with each pair of penalty strokes. No player may take a second stroke in this series until any five (5) players listed on the match sheet (except under permanent suspension or temporary suspension at the end of overtime) have each taken one stroke.



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## **7.0 Advancement to WOSSAA, OFSAA**

7.1 The TVDSB Championship advance to WOSSAA as the TVRA Representative.

## **8.0 Awards**

8.1 Girls Field Hockey TVDSB Champions (9x12 Plaque)

## **9.0 Convenor Responsibilities**

a) As outlined in the TVRA Contests Agreement 5.6 and schedules 3 through 8.  
d) Oversee all situations and issues which arise during the season which may or may not be covered in the Rules of Play.

### **9.1 Convenor Coverage**

a) There is one (1) day of supply coverage available for convening and planning in TVDSB Field Hockey.