



# Thames Valley Regional Athletics

## **RULES OF PLAY: WRESTLING**

### **1.0 Organization of Competition**

- 1.1 TVRA Wrestling will be divided into two (2) conferences: **East and West**. The convenor will attempt to balance the conferences based on the number of teams entered, location of school and size of team.
- 1.2 The TVRA Wrestling league meets (Dual, Tri, or Quad), hosted by TVRA schools, will be scheduled by the convenor starting no earlier than December and concluding the end of January.
- 1.3 The TVRA Wrestling Championship meets will be contested in each of the two conferences. The TVRA Championship will be held the week prior to the WOSSAA Wrestling Championship.

### **2.0 Eligibility**

- 2.1 Refer to the TVRA Agreement Schedule 6 as well as the following:

#### **League Meets**

- 2.2 A team must have a minimum of 6 practices prior to the first league meet date.
- 2.3 Teams must be declared and eligibility sheets submitted to the TVRA Wrestling convenor(s) by November 30 of the current season.
- 2.4 League meet entries are limited to one wrestler per weight class per school wrestled.
- 2.5 Rosters must be submitted the night before a scheduled match.
- 2.6 Changes may only be made if a name has been entered previously in the weight class.
- 2.7 A wrestler may compete a maximum of one weight class up.
- 2.8 A wrestler shall only compete in one weight class against any one school at any single meet.

#### **TVRA Championship East and West Tournaments**

- 2.9 A wrestler must have competed in a minimum of two matches (league, tournament, novice) prior to the TVRA Championship.
- 2.10 There is no limit on the number of wrestlers in the TVRA Championship tournament(s) with an unlimited number of entries per weight class.

### **3.0 Competition**

- 3.1 Current OFSAA Wrestling Championship Playing Regulations shall apply.
- 3.2 Current OFSAA Wrestling Championship weight classes for male and female wrestlers shall apply.
- 3.3 Weigh in Procedures for League Meets – All wrestlers may make weight no earlier than the night prior to any league meet and not later than noon on the day of the meet.
- 3.4 Weigh in Procedures for TVRA Championships – All wrestlers must make weight on the day before the tournament prior to the deadline set by the convenor.



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## **4.0 SCORING**

- 4.1 Only a team's top 20 wrestlers may score team points, with a maximum of three per weight class.
- 4.2 Team scoring shall be based on the following order of finish:
  - 1<sup>st</sup> - 16 points
  - 2<sup>nd</sup> - 12 points
  - 3<sup>rd</sup> - 9 points
  - 4<sup>th</sup> - 7 points
  - 5<sup>th</sup> - 5 points
  - 6<sup>th</sup> - 3 points

## **5.0 Uniforms and Equipment** (as per current OFSAA playing regulations)

- 5.1 Singlets, whenever they are available, must be worn during league meets.
- 5.2 Singlets must be worn by all competitors during the TVRA Championship meets.
- 5.3 Wrestlers with orthodontic devices must wear appropriate mouth protection.

## **6.0 League Standings**

- 6.1 League meet champions will be decided by the top two teams in the regular season advancing to the East and West League meet Championship.
- 6.2 Calculation of points will be:

wins - 2 points
tie - 1 point
loss - 0 points
- 6.3 The East and West League meet winners will advance to a League meet final, date and location to be determined by the convenor(s).
- 6.4 Ties in League Standings - Points earned in the League meets will be used to break ties in the standings.

## **7.0 Championship Categories and Playoff Procedures**

- 7.1 TVRA West Championship and TVRA East Championship
- 7.2 Championship tournaments shall be a double elimination bracket draw.
- 7.3 If there are fewer than 5 competitors in a weight class, a round robin will replace the double elimination bracket.
- 7.4 If needed, a seed meeting will be held after the TVRA weigh in. Criteria will include:
  - Previous year's champion (TVRA, WOSSAA, OFSAA)
  - Ontario high school wrestling win-loss records



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## **8.0 Advancement to WOSSAA**

- 8.1 The top 6 placing wrestlers in each weight class at the TVRA West Championship and the TVRA East Championship will advance to WOSSAA.

## **9.0 Awards**

### **Individual**

- 9.1 Gold medal to first place finisher in each weight class.  
9.2 Ribbons to 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place finisher in each weight class.  
9.3 Bill Salter Award, Most Outstanding Male Wrestler TVRA West (8x10 plq)  
Bill Salter Award, Most Outstanding Female Wrestler TVRA West (8x10 plq)  
Bill Salter Award, Most Outstanding Male Wrestler TVRA East (8x10 plq)  
Bill Salter Award, wresMost Outstanding Female Wrestler TVRA East (8x10 plq)

### **Team**

- 9.4 Boys Wrestling TVRA West Champions (9x12 Plaque)  
Girls Wrestling TVRA West Champions (9x12 Plaque)  
Boys Wrestling TVRA East Champions (9x12 Plaque)  
Girls Wrestling TVRA East Champions (9x12 Plaque)  
Boys Wrestling TVRA League Meet Champions (9x12 Plaque)  
Girls Wrestling TVRA League Meet Champions (9x12 Plaque)

## **10.0 Convenor Responsibilities**

- a) As outlined in the TVRA Contests Agreement 5.6 and schedules 3 through 8.  
b) Oversee all situations and issues which arise during the season which may or may not be covered in the rules of play.

### **10.1 Convenor Coverage**

- a) There is one (1) day of supply coverage available for convening and planning TVRA East Wrestling.  
b) There is one (1) day of supply coverage available for convening and planning TVRA West Wrestling.