



Thames Valley Regional Athletics

1.0 Organization of Competition

In reference to Schedule 5 - Organization of Competitive Groupings, Seasons and Practice Restrictions, team sport league competition will be organized into the following Conferences:

London District

Holy Cross
St. Andre Bessette
Gabriel Dumont
LDCSS
Mgr. Bruyere
St. Joseph's
St. Mary's
Catholic Central
Regina Mundi
St. Thomas Aquinas
John Paul II
Mother Teresa

TVDSB Central

North Middlesex
Montcalm
Westminster
South
Clarke Road
Central
Medway
Oakridge
Laurier
Strathroy
Lucas
Beal
Saunders
Banting

TVDSB South East

Arthur Voaden
Glencoe
West Elgin
Central Elgin
East Elgin
Parkside
College Ave
Lord Dorchester
Glendale
Woodstock
Huron Park
Ingersoll

2.0 Eligibility

- 2.1 Refer to the TVRA Participation Agreement Schedule 6.
- 2.2 All players and teams must meet the eligibility requirements in Section 7 of the OFSAA Playing Regulations for Girls Hockey.
- 2.3 There are no restrictions to the maximum number of players on the eligibility list.
- 2.4 Teams may dress a maximum of 18 skaters and 2 goalies per game. A team must have a minimum of 9 players (goalie plus 8 skaters) to start a game, otherwise the game is forfeited.
- 2.5 No team may add players to their eligibility list after their final regular scheduled league game.
- 2.6 Any coach ejected from a contest shall automatically be suspended until, and including the next TVRA league contest. Coach ejections should be recorded by the official on the game sheet and reported to the Convenor, who will in turn report to the Coordinator as per Schedule 8 – Coaching Issues of the Secondary Schools Participation in Sports Agreement.

3.0 Competition

- 3.1 Current OWSHA rules for play and equipment for the current year shall be in effect as well as the following listed in 3.2, 3.3, and 3.4.
- 3.2 **Specific rules for All games:**
 - a) If there is a point spread of 5 or more goals then the final period shall be running time. If the point spread returns to a 3 goal spread then it returns



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to stop time. Where running time is used, minor penalties will be 3 minutes in length.

- b) A team that does not have a goalie at the start of the game will forfeit the game.
- c) All forfeits will be recorded with a score of 5 – 0.
- e) Each team should receive a copy of the gamesheet immediately after the game.

3.3 **Specific rules for Regular Season League games:**

- a) Each game shall consist of 3 x 15 minute periods with a total game time of 45 minutes and a flood between the 2nd and 3rd periods.
- b) No overtime will be played during the regular season schedule.
- c) Arena curfews must be accepted without question.
- d) No time outs will be allowed in any regular season game.

3.4 **Specific Rules Regarding Playoff Games**

- a) Each game shall consist of 3 x 15 minute periods with total game time of 45 minutes and a flood between the 2nd and 3rd periods.
- b) When teams are tied at the end of regulation time in all playoff games, one (1) 15 minute period of sudden death overtime period will be played, with 5 on 5 play, as long as ice time is available. If the game has a curfew time, then 15 minutes before this curfew time, the overtime will end and a shoot-out will commence.
- c) A game that is tied that reaches curfew or at the completion of the overtime period, will be broken by a 3 player, simultaneous shootout. Three shooters and one alternate must be listed on the game sheet, prior to the game. Penalized players may not participate in the shootout. Substitution for an injured or penalized player using the alternate is allowed. If the game remains tied after the three shooters, then a one shooter, simultaneous sudden death shootout shall take place, using the same three shooters, in the same order.
- d) One thirty (30) second time out will be allowed per team in any playoff game.

3.5 **Home Team Duties:**

The home team shall:

- a) Supply an official game sheet on which an official lineup must be recorded by each team before the game begins.
- b) Supply a timekeeper and scorekeeper.
- c) Fax or scan/email gamesheet to the Convenor if there is an incident in the game that resulted in a major/misconduct penalty and/or a player being ejected. Otherwise, just retain all copies of game sheets in case they are needed at a later date.
- d) In the case of two teams having similar jersey colours, the home team must change jerseys for that game. Assuming teams have two sets of



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jerseys, it is expected that teams will wear light coloured jerseys for home games and darker coloured jerseys for away games.

- e) Enter the game score on the TVRA website with goal scorers (listed by last name) and in the case of a shutout, goalie(s) (listed by last name).

4.0 Uniforms and Equipment

- 4.1 As per the OWHA Rules for the current year.

5.0 Ties in League Standings

For clarity and to apply as required within any clauses within Section 5. Goal Differential = Goals For minus Goals Against

The maximum for calculating goal differential in any one game is 5. This applies to 5.2 (b, c and d), 5.3 (b, c and d) and 5.4 (a, b and c).

- 5.1 Final standings will be determined by the total points accumulated throughout the regular season. Points will be awarded as follows:
 - win = 2 points
 - tie = 1 point
 - loss = 0 points
- 5.2 If **two teams** are tied for a playoff position:
 - a) the team that has more points in the head to head games shall receive the higher seed
 - b) if the two teams are tied in points in head to head games, then the team with the greatest goal differential in the games amongst the two tied teams shall receive the highest seed.
 - c) if the two teams are still tied, then the team with the greater goal differential over the entire schedule shall receive the higher seed.
 - d) if the two teams are still tied, then ("Goals For" minus "Goals Against") divided by "Goals Against" will be used. The team with the higher resulting number will receive the higher seed.
- 5.3 If **three teams** are tied for a playoff position:
 - a) if one team has more points than either of the other two teams in the games amongst the tied teams, then it shall receive the highest seed and the remaining two teams would follow the tiebreaking procedures as outlined in 5.2.
 - b) if the three teams are still tied, then the team with the greatest goal differential in games amongst the tied teams shall receive the highest seed and the remaining two teams would follow the tiebreaking procedures as outlined in 5.2.
 - c) if the three teams are still tied, then the team with the greater goal differential over the entire schedule shall receive the higher seed and the remaining two teams would follow the tiebreaking procedures as outlined in 5.2.



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- d) if the three teams are still tied, then (“Goals For” minus “Goals Against”) divided by “Goals Against” will be used. The team with the higher resulting number will receive the higher seed and the remaining two teams would follow the tiebreaking procedures as outlined in 5.2.
- 5.4 **If four or more teams** are tied for a playoff position:
 - a) if four or more teams are tied, then the team with the greatest goal differential in games amongst the tied teams shall receive the highest seed and the remaining teams would be seeded/ranked using this method.
 - b) if four or more remaining teams are still tied, then the team with the greater goal differential over the entire schedule shall receive the higher seed and the teams would be seeded/ranked using this method.
 - c) if four or more remaining teams are still tied, then (“Goals For” minus “Goals Against”) divided by “Goals Against” will be used. The team with the higher resulting number will receive the higher seed and the teams would be seeded/ranked using this method.
 - d) if any teams remain tied as a result of the seeding/ranking procedures in 5.4 (a), (b), or (c) then those ties will be broken by applying 5.2 (if two teams are tied), 5.3 (if three teams are tied) or 5.4 (if four or more teams remain tied).
- 5.5 In the event that application of the above procedures does not break the ties in 5.2, 5.3 and/or 5.4, then a coin toss amongst the remaining tied teams shall occur to determine seeding. It is expected that a coach from each team be present at the coin toss.
- 5.6 Note that no team shall be eliminated from the playoffs by a coin toss. In the event that a tie for the final playoff position cannot be broken by the procedure above, then a one game playoff will be played.
- 5.7 In the event that the season cannot be completed in its entirety, then teams will be ranked for playoff seeding according to their winning percentage over the entire schedule. In the event of ties and an unbalanced number of games between tied teams, only the first game between tied teams will be used to determine the higher ranking teams. In circumstances not covered by any clauses in Section 5, the Girls Hockey SAC will make a decision as to the ranking of teams for the playoffs.

6.0 Championship Categories and Playoff Procedures and Advancement within TVRA and to WOSSAA, OFSAA

- 6.1 League play, playoff schedules, and advancement to WOSSAA procedures which reflect the Conferences will be communicated to the Athletic Directors and coaches as soon as practical, prior to the start of each season.

7.0 Awards

- TVDSB Central A/AA Champion (9 x 12 plaque)
- TVDSB Central AAA Champion (9 x 12 plaque)



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TVDSB South East Champion (9 x 12 plaque)
LDA A/AA Champion (9 x 12 plaque)
LDA AAA Champion (9 x 12 plaque)

8.0 Convenor Responsibilities

- 9.1 As outlined in the TVRA Participation Agreement 5.6 and Schedules 3 through 8.
- 9.2 Oversee all situations and issues which arise during the season which may or may not be covered in the Rules of Play.
- 9.3 Convenor Coverage
 - a) There is one (1) day of supply coverage available for convening and planning in TVDSB Central.
 - b) There are two (2) days of supply coverage available for convening and planning in TVDSB South East, presumably one (1) for the South division and one (1) for the East division.
 - c) There is one (1) day of supply coverage available for convening and planning in LDA.